## Understanding Flight in Birds

Developed by EM Date-Huxtable
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## 'Flight' Experiment

## Learning Outcomes:

- To understand the role of observing and explaining 'flight' in a toy glider, a simple model of a bird
- To understand how changing the length and width of the glider's wings changes its 'flight performance'

Instructions: you will use a toy glider as a simple 'bird'. Firstly, observe the shape of the glider's wings. After assembling it, 'test fly' the glider and observe how far and high it glides when you launch it with different force or 'thrust'. Now observe what happens when you launch the toy glider after you change the area of its wings.

## Materials required:

1. Toy foam glider purchased from a toy or department store
2. Discarded styrofoam packaging, eg. from a new fridge or washing machine
3. Sharp knife for cutting and paring the styrofoam
4. Discarded cardboard, eg. cereal and pizza boxes
5. Scissors and sticky tape
6. Digital (kitchen) scales that measure in tenths of a gram
7. Toy catapult and 25 m measuring tape
8. Small fan with several (at least 3 ) speed settings

## Method:

1. Assemble the glider (follow the instructions on the box)
2. Cut and pare the styrofoam to make two wings (the wings can be made beforehand), each the same width as the originals but twice as long; shape the styrofoam so that the lower surface remains relatively flat and the upper surface is curved like an airfoil (see diagram of airfoil cross-section on powerpoint presentation).
3. Fit the new wings on to the glider and launch it (using catapult or throw 'javelin-style'), measure with 25 m tape how far it glides, repeat 10 times and calculate the average distance that it 'flies'
4. Suspend the glider so that the belly just touches the ground, point the fan at its nose and switch it on to the lowest speed, then the next fastest and so on, and record what happens to the glider
5. Trace the 2D shape of the Styrofoam wings on to cardboard, cut the cardboard 'wing extensions' out and attach them with sticky tape to the back edge of the Styrofoam, use the scales to decide how to adjust the weight of the wings so that they are approximately equal (within 1 g difference) by adding a strip of cardboard to the lighter wing along the back edge of the Styrofoam on the upper surface (the wing extensions can be made by adults beforehand)
6. Repeat steps 3. \& 4 .
7. What difference did you observe in the glider's flight path between the two modifications?
8. Try making some tail modifications and test fly/glide again (repeat steps 3. \& 4.)

Results:

| Wing Shape/Size | 'Distances Flown' | Wing Shape/Size | 'Distances Flown' |
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- Describe differences in flight path and lift you observed between the wing shapes/sizes:


## Evaluate the Experiment:

What was the experimental question asked? Can you formulate the hypothesis that was tested?

Identify the variables in the experiment.

After completing the guided experiment, what can you predict about the effect of wing size on flight performance?

Do you think the experiment was a valid and reliable test of the question/hypothesis? Why or why not?

Design and Plan another Investigation, using the wing shapes available and/or other wing designs: Pose further questions that can be investigated

Discuss the role of the variables used and other possible variables (those that were controlled but can be varied)

Determine the independent and dependent variables

Formulate a hypothesis that links the independent and dependent variables

Describe at least three variables that should be controlled in order to increase the validity of the investigation

Develop a method to collect primary data for a practical investigation about the effect of wing shape on flight performance by:
Describe how to change the independent variable

Determine the characteristics of the measurements that will form the dependent variable

Describe how the data will be collected

Describe how the controlled variables will be made consistent

Describing how risks can be minimised

Evaluate how observation is limited by the observational tools available (in the first practical investigation: tape measure vs description from observation, and in your planned investigation)

## Bird Wing Shapes and Bernoulli's Principle

Learning Outcome: to accurately observe and describe wing shape and flight behaviour of some birds

## Instructions:

- Watch David Attenborough's 'The Life of Birds', Episode 2 'The Mastery of Flight'
- Observe the different types of birds and their wing shapes. Try to describe each bird's body size and shape, such as long and thin, short and round, large and torpedo-shaped, jetfighter-shaped, etc. Try to describe the wing shape. Also note the way the feathers are shaped at the outer ends of the wings. For example, an albatross has very long wings that are relatively narrow, many flight feathers that are also short relative to wing length, and the wing feathers are pointed at the outer end: therefore, their wings are 'very long, narrow and pointed'.
- Describe the main flying behaviour(s), such as soaring, flapping, diving with wings partly folded, undulating or alternately flapping and gliding, high-speed flying or soaring, hovering, etc. How do birds use their body, wings and tail to adjust their flying speed and direction?
- Observe the 'flight environment' for each different bird. Is it windy? Hot or cold weather? Are there lots of obstacles in the way like trees? Do the birds appear to use updrafts and thermals?
- Tabulate primary data about Birds' Wing Shapes collected from video footage (Table 1 below)

| Species | Body size and <br> shape | Wing shape | Outer wing <br> feather <br> arrangement | Observed flight <br> environment | Observed flight <br> pattern |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Albatross | Large, <br> torpedo- <br> shaped | Very long and <br> narrow | Pointed | Very windy, launch <br> by taxiing/running, <br> updrafts from <br> waves/cliffs | Mostly soaring, <br> some shallow <br> flapping, controlled <br> crash to land |
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# Maths Activity: Classifying bird wing shapes and flight behaviours using Aspect Ratio, Wing Loading and 

 Cruising Speed
## Learning Outcomes:

- to use observations as evidence in explaining differences in wing shape and flight performance between birds
- to describe wing shape and flight performance quantitatively, calculating 'Aspect Ratio', 'Wing Loading', and 'Cruising Speed', aerodynamic variables that measure a bird's wing structure, a bird's ability to bear its own body weight on its wings during sustained flight and the minimum cruising speed of flight required to maintain lift


## Instructions:

- Watch the presentation about wing shape measurement and classification

Inquiry question: How does observation instigate scientific investigation?

- Discuss and evaluate the characteristics of observations made about birds compared to inferences drawn from the practical investigation with toy gliders

Inquiry question: What are the benefits and drawbacks of qualitative and quantitative observations?

- Analyse the quantitative data from the following information sources: primary data collected during a guided 'flight' experiment and secondary data about wing shape and wing loading
- Evaluate the differences between qualitative and quantitative observations and data and where these are used in making inferences about flight patterns in birds

Inquiry question: How does the collection and presentation of primary data affect the outcome of a scientific investigation?

- Apply conventions for collecting and recording observations to qualitatively and quantitatively analyse the primary (and secondary) data [use Microsoft Excel to assist with calculations and graphs]
- tabulating secondary data and calculating Aspect Ratio, Wing Loading (in Newtons per m² not grams per $\mathrm{cm}^{2}$ ) and Cruising Speed for the Australian species listed (Table 2 below)
- graphing secondary data in Maths Activity: Classifying Wing Shape [Norberg 2002] and Predicting Flight Pattern [Tennekes 2009]
a. Plot Aspect Ratio (y-axis) against Wing Loading (x-axis) and label the points by their Avian Order (use codes below table)
b. Plot Weight (y-axis) against Cruising Speed (x-axis) and label by Avian Order (use codes below table)
c. Compare your graphs with Norberg's (2002) and Tennekes' (2009) results
- Classifying each species according to Wing Shape type and add to the Table 2 (Hint: use reference images to assist in classifying)
- Interpret from the graphs the range of values of Aspect Ratio, Wing Loading and minimum Cruising Speed that characterise each wing shape type. Explain the flight performance capable of each wing shape type using Benoulli's Principle; to inform your answer, use the results of your calculations and the position of each species relative to other species on the graphs of Aspect Ratio vs Wing Loading and Weight vs Cruising Speed:
High Aspect Ratio

High Speed

## Slotted High Lift

## Elliptical

## Do any species not fit into the four categories? How would you describe their wing shape and flight performance?

## Optional:

- visual representations that use a toy glider as a model of a bird
- digital representations using bird flight simulators (see Extension Activities)
- Compare the usefulness of observations recorded in the initial practical activity with the primary data gathered in the planned practical investigation

Inquiry question: How do conclusions drawn from the interpretation of primary data promote further scientific investigation during the planned experiment?

- draw conclusions from the analysis of the primary data collected in the practical investigation
- evaluate the process of drawing conclusions from the primary data collected
- assess the findings of the scientific investigation in relation to the findings of other related investigations
- assess the need to make further observations by gathering data about other phenomena arising from the practical investigation

Table 2. Australian Bird Species' body and wing measurements for calculation of values of aerodynamic variables, plotting and interpretation of graphs. Use Microsoft Excel to calculate values and plot graphs (secondary data from Higgins et al. 1990-2006).

| Order | Species | Body Length cm | Wingspan (S) cm | Wing Chord (C) cm | Aspect Ratio ( $\mathrm{R}=\mathrm{S} / \mathrm{C}$ ) | Body Mass (m) kg | Body Weight (W) N [W=ma, $\mathrm{a}=9.8$ ] | Wing <br> Area <br> ( $\mathrm{A}=\mathrm{S}^{*} \mathrm{C}$ ) <br> $\mathrm{m}^{2}$ | Wing Loading ( $\mathrm{L}=\mathrm{W} / \mathrm{A}$ ) $\mathrm{Nm}^{-2}$ | Cruising <br> Speed (V) <br> $\mathrm{m} \mathrm{s}^{-1}$ | Wing <br> Shape <br> Type |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Podicip | Australasian Grebe | 23-25 | 39 | 7.67 |  | 0.096-0.22 |  |  |  |  |  |
| Procel (O) | Wandering Albatross | 110-135 | 250-350 | 23.66 |  | 6-11 |  |  |  |  |  |
|  | Little Pied Cormorant | 55-65 | 85-90 | 14.99 |  | 0.41-0.9 |  |  |  |  |  |
| (0) | Great Frigatebird | 85-105 | 205-230 | 21.72 |  | 0.95-1.95 |  |  |  |  |  |
| Ciconiiformes <br> (W) | Straw-necked Ibis | $\begin{array}{\|l\|l\|} \hline 60-70 \\ (35-40) \\ \hline \end{array}$ | 100-120 | 14.50 |  | 1.15-1.57 |  |  |  |  |  |
| Anseriformes (LW) | Magpie Goose | 70-90 | 125-180 | 29.95 |  | 2.07-2.83 |  |  |  |  |  |
| (W) | Wandering Whistling-Duck | 55-60 | 80-90 | 15.96 |  | 0.45-0.98 |  |  |  |  |  |
| (W) | Musk Duck | 55-66 | 72-87 | 14.41 |  | 0.99-3.12 |  |  |  |  |  |
| (LW) | Black Swan | $\begin{array}{\|l\|l\|} \hline \begin{array}{l} 110-140 \\ (55-70) \end{array} \\ \hline \end{array}$ | 160-200 | 30.30 |  | 4.6-8.7 |  |  |  |  |  |
| (W) | Australian <br> Shelduck | 56-72 | 94-132 | 19.57 |  | 0.99-1.98 |  |  |  |  |  |
| (W) | Maned/Wood Duck | 47-48 | 78-80 | 15.48 |  | 0.66-0.98 |  |  |  |  |  |
| (W) | Pacific Black Duck | $\begin{array}{\|l\|} \hline 47-60 \\ (32-40) \\ \hline \end{array}$ | 80-100 | 15.32 |  | 0.6-1.4 |  |  |  |  |  |
| (W) | Hardhead | $\begin{array}{\|l\|} \hline 45-60 \\ (30-40) \\ \hline \end{array}$ | 65-70 | 12.89 |  | 0.53-1.1 |  |  |  |  |  |
| Falconiformes <br> (R) | Wedge-tailed Eagle | 85-105 | 185-230 | 41.41 |  | 2.03-5.3 |  |  |  |  |  |
| (HS) | Peregrine Falcon | 35-50 | 80-105 | 15.42 |  | 0.36-0.99 |  |  |  |  |  |
| Galliformes <br> (G) | Australian BrushTurkey | 60-70 | 85 | 26.39 |  | 1.07-2.45 |  |  |  |  |  |
| Turniciforme <br> (G) | Painted ButtonQuail | 17-23 | 28-38 | 7.33 |  | $\begin{aligned} & 0.072- \\ & 0.134 \\ & \hline \end{aligned}$ |  |  |  |  |  |


| Order | Species | Body Length cm | Wingspan (S) cm | Wing Chord (C) cm | Aspect Ratio ( $\mathrm{R}=\mathrm{S} / \mathrm{C}$ ) | Body Mass (m) kg | Body Weight <br> (W) N <br> [W=ma, <br> $\mathrm{a}=9.8$ ] | Wing <br> Area $\left(\mathrm{A}=\mathrm{S}^{*} \mathrm{C}\right)$ <br> m2 | Wing Loading ( $\mathrm{L}=\mathrm{W} / \mathrm{A}$ ) | Cruising Speed (V) ms -1 | Wing <br> Shape <br> Type |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gruiformes <br> (W) | Purple <br> Swamphen | 44-48 | 70-88 | 20.53 |  | 0.77-1.25 |  |  |  |  |  |
| (W) | Eurasian Coot | 35-39 | 56-64 | 11.65 |  | 0.52-0.57 |  |  |  |  |  |
| $\begin{aligned} & \text { Charalal } \\ & \text { (S) } \end{aligned}$ | Pacific Golden Plover | 23-26 | 60-72 | 7.32 |  | 0.11-0.18 |  |  |  |  |  |
| (S) | Bar-tailed Godwit | $\begin{array}{\|l\|} \hline 37-39, \\ \text { Bill 8-10.8 } \\ \hline \end{array}$ | 62-75 | 10.56 |  | $\begin{array}{\|l\|} \hline 0.237- \\ 0.504 \\ \hline \end{array}$ |  |  |  |  |  |
| (S) | Little Tern | 20-28 | 45-55 | 7.95 |  | 0.035-0.06 |  |  |  |  |  |
| (PD) | Wompoo FruitDove | 35-45 | ~65-70 | 17.12 |  | 0.22-0.5 |  |  |  |  |  |
| (PD) | White-headed Pigeon | 38-42 | 65-70 | 17.28 |  | 0.22-0.5 |  |  |  |  |  |
| (PD) | Diamond Dove | 20-24 | 30-32 | 7.09 |  | $\begin{aligned} & \hline 0.036- \\ & 0.066 \end{aligned}$ |  |  |  |  |  |
| Psittaciformes <br> (P) | Sulphur-crested Cockatoo | 48-55 | 103 | 28.99 |  | 0.5-1.02 |  |  |  |  |  |
| (P) | Rainbow Lorikeet | 28-32 | 46 | 8.45 |  | $\begin{aligned} & \hline 0.075- \\ & 0.157 \\ & \hline \end{aligned}$ |  |  |  |  |  |
| (P) | Budgerigar | 17-18 | 25-30 | 5.02 |  | 0.012-0.04 |  |  |  |  |  |
| (C) | Fan-tailed Cuckoo | 24-28 | 34-42 | 8.58 |  | $\begin{aligned} & \hline 0.037- \\ & 0.062 \\ & \hline \end{aligned}$ |  |  |  |  |  |
| (C) | Channel-billed Cuckoo | 56-70 | 88-107 | 20.20 |  | 0.45-0.94 |  |  |  |  |  |
| Strigiformes <br> (R) | Powerful Owl | 50-60 | 110-140 | 29.69 |  | 0.99-2.22 |  |  |  |  |  |
| (R) | Barn Owl | 29-38 | 70-100 | 17.35 |  | 0.25-0.47 |  |  |  |  |  |
| Caprin (N) | Tawny Frogmouth | 35-50 | 75-95 | 20.96 |  | $\begin{array}{\|l\|} \hline 0.123- \\ 0.555 \\ \hline \end{array}$ |  |  |  |  |  |
| (N) | Australian Owlet-Nightjar | 19-25 | 34-50 | 9.35 |  | $\begin{array}{\|l\|} \hline 0.035- \\ 0.065 \\ \hline \end{array}$ |  |  |  |  |  |


| Order | Species | Body <br> Length cm | Wingspan <br> (S) cm | Wing <br> Chord (C) <br> cm | Aspect <br> Ratio <br> (R=S/C) |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

$\mathrm{W}=$ waterbird, $\mathrm{LW}=$ large waterbird, $\mathrm{O}=$ ocean-going, $\mathrm{R}=$ raptor, $\mathrm{AF}=$ aerial forager, $\mathrm{G}=\mathrm{ground}, \mathrm{S}=$ shorebird, $\mathrm{PD}=$ pigeon/dove, $\mathrm{P}=$ parrot, $\mathrm{C}=$ cuckoo, $\mathrm{N}=$ nightjar,
KR=kingfisher/roller, E=perching bird

